

## **Bobcat Volleyball Rules & Expectations**

**2022**

As a member of the Bloomfield Bobcat Volleyball team you will be expected to know and abide by the team and school policies. Being a part of any team requires sacrifices to become strong individual players and a strong team unit. Dedication and hard work are key and will be expected in this program.

The goal of this program is for students to learn life lessons through sports. We will train to win, but also coach for success beyond the gym. All involved will follow NMAA rules and Bloomfield School District rules.

### **~ Coaching Staff:**

Head Coach: Sunni Rae Corley

Contact Info: cellphone- 505-947-5592, email- sunni.rae.baird@gmail.com

Assistant/JV Coach: Kaycie Johnson

Assistant/C Coach: Erica Thomas

Volunteer Coach: Dell Baird

### **~Coaching Expectations**

1. Coaches will maintain a safe environment and follow all safety requirements and guidelines.
2. Coaches will always be supportive and positive towards the entire program.
3. Coaches will make the decisions on play time, rules, and any other logistics required for the team.
4. All coaches will support the school and be loyal to the Bobcat volleyball program.
5. Coaches will understand all state and district rules that apply to the team and act accordingly.

### **~ Parent Requirements**

1. Be a fan of the team and be supportive of the entire program.
2. Respect all decisions made by the coaches.
3. Be positive and always support your players and their teams.
4. Respect all coaches, players, officials, fans, and other parents.

5. Coaches will NOT discuss play time with any parents.
  - a. If you are wondering why your child is on the bench, first ask the question, “What’s their attitude/work ethic like?”
6. A 24 hour rule will be followed after every game. This means that the coaches will have no discussions with parents or players within 24 hours after the game has ended. Everyone will get to gather thoughts to have a productive conversation.
7. If at any time you need to speak with a coach please contact them and make an appointment outside of practice time.
8. Inform the coach if your athlete has any sicknesses, medical conditions, or any prescribed medication.

### ~ Athlete Requirements

#### Practice and Game Requirements

1. NO Jewelry will be worn during practice or games. NONE!
2. Appropriate dress apparel is required for every practice. Forgotten clothes will be looked at as an unexcused absence. You must be in shorts/spandex, t-shirts, kneepads, and gym shoes.
3. Practice will begin promptly at 4:00, players will help set up and take down any equipment. If an athlete is late to practice there will be consequences for every minute late to practice. That means dressed and ready for practice to start, not just sitting in the gym! This applies to students registered for 7<sup>th</sup> hour athletics and those that are not.
4. Players are expected to stay and support all of the teams on game nights. Players should sit together and support their teammates. WE ARE ALL PART OF THE BOBCAT PROGRAM!
5. Practices will be open to players and coaches only.
6. If you are late to a game, expect limited playing time or no if missed bus.

#### Play Time

1. Play time during a match is the ultimate goal of every athlete but it is not guaranteed in this program. We are here to succeed.
2. Every athlete will not be guaranteed equal play time, and each spot must be earned.

3. Playing time will not be discussed with parents at any time. If the athlete wants to meet with a coach, they may schedule a time to talk outside of practice. Ask the question, “How can Learn more play time?”
4. We will not discuss any other athlete’s play time with you.

### Away Games

1. All athletes are expected to ride home on the bus. Unless signed out by a parent. If the athlete plans to travel with someone else they must have a note signed by their parents 2 days in advance to leaving school, and discuss with the athletic office.
2. All athletes must ride to the match on the bus. If you’re late you will be left and will not participate in the game.

### Appearance

1. All athletes will be expected to dress up or as a team for all games. Dress must be appropriate and we will all look like ladies and act with class.

### Excused Absences

1. Excused absences must be a situation that is absolutely necessary and the coaches must know with a signed note BEFORE the absence.
2. Do not always assume that your excuse is acceptable. We as coaches may not deem it an excused absence.
3. There will still be a form of skills or conditioning required to make up excused absences, this makes up for the practice time you missed.

### Unexcused Absences

1. If the coaches do not know and are not told before the absence it is considered unexcused.

1<sup>st</sup> time: Make up conditioning as deemed by the coach

2<sup>nd</sup> time: Sit out the next match

3<sup>rd</sup> time: Sit out the matches for one week following absence

4<sup>th</sup> time: Possible removal from the team

Being a part of this program is a privilege and we will all treat it as such.  
This team must be a priority.

### Drug and Alcohol Policies

We will follow all policies required by the school and athletic office. Usage or possession of drug or alcohol substances will NOT be tolerated.

### Eligibility

Our players are all STUDENT-ATHLETES. This means that academics come first in this program. We will follow the NMAA requirements of a 2.0 GPA, and NO F's. The athletes will bring a grade check form/progress reports to the coaches every week to keep track of grades. If we have consistent issues, players may be required to make up school work during practice time in the gym, and have additional conditioning.

1. Players must have 5 practices prior to competing in a match based on NMAA guidelines.
2. Athletes are expected to act like exemplary respectful students in every classroom. Bad behavior will be addressed immediately.
3. You are expected to attend all your classes unless an appointment is scheduled. Truancy will not be tolerated!
4. Students must follow the district policies for attendance of classes to be eligible to practice and to play in games, this also includes online classes.

### Cell Phone Policy

1. There will be NO cell phones out or heard during practice.
  - a. If I see you on your phone or hear it, there will be consequences.

Consider this your warning.

- a. If for some reason you need to be contacted that will be discussed on a case to case basis.
2. Social media is everywhere. As an athlete in this program, you need to be careful what you post. Anything detrimental to our program will have immediate consequences. Think first!
3. Phones are a privilege and as such you must use them responsibly. You are there to support your teammates.

## Attitude and Conduct

1. We will be a team that everyone knows and respects. All athletes will act like ladies at all times. They will respect administration, coaches, teammates, fans, officials, and our opponents. We will be a team that carries themselves with confident class at ALL times.
2. Drama and bad attitudes will NOT be tolerated at ANY time. Any type of bad attitude is a good way to get set on the bench immediately or removed from the team.
3. If you have any conflicts please bring them to your personal coach first, then to the head coach if not resolved. Use the proper chain of command.
4. Athletes are expected to give 100% effort at all times.

We are all very excited to coach your girls this season, and I am excited to see how the athletes grow as players and as ladies every day! We are all a part of the Bobcat Volleyball Program, and I appreciate your support!

It's a great day to be a BOBCAT! 😊

Thank you so much for all the time you put in,

Bobcat Volleyball Coaching Staff

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### Signature Page

I have read and understand all rules and expectations stated by the Bobcat Volleyball Program. I will abide and uphold any requirements. Breach of this contract may result in appropriate consequences, and may include expulsion from the team. The coaches reserve the right to modify, and amend disciplinary action in accordance with this contract as it may apply to extenuating or unforeseen circumstances.

Parent/Guardian Signature

Date

Student Athlete Signature

Date

Coach Signature

Date